




WORLD SPINA BIFIDA & HYDROCEPHALUS DAY

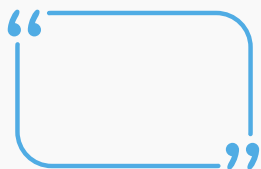
To celebrate the World Spina Bifida and Hydrocephalus Day (WSBHD25) on 25 October 2025, the International Federation for Spina Bifida and Hydrocephalus (IF) is launching a **social media challenge** on this year's theme:

Accelerate action for Spina Bifida and Hydrocephalus

All persons with Spina Bifida and/or Hydrocephalus (SBH) can join the challenge. Use your creativity to raise awareness and inspire 'Action for Spina Bifida and Hydrocephalus', in one of the following ways:

OPTION 1

 **Send a short text**
about this year's theme




OPTION 2

 **Send a photo** with a
short text or explanation



OPTION 3

 **Send a video (max. 2 min)**
in English or with English subtitles



OPTION 4

 **Send your drawing**
with a short explanation



By email at info@ifglobal.org or via WhatsApp  +32 471 84 41 54, **by 15 October 2025**.

On **25 October**, we'll post all contributions on our official social media pages. Share your post and encourage your community to like and support it!

How to win:

The submission that will collect the most likes and reactions on our social media by **30 October**, will be this year's winner, and they will be announced on IF's social media. The winner's contribution will be featured, amongst others, on IF's website, newsletter and social media.

